



# LiveWell WorkWell

A confidential guidance program that helps you respond to everyday challenges.



**JOHN DEERE**

# LiveWell WorkWell

Life can hand you challenges that affect your everyday life – both at home and at work. To help with these challenges, John Deere provides confidential employee assistance services through the **LiveWell WorkWell** program.

You can receive support, resources and information to help you manage your physical, mental, and social well-being as well as your work-life needs. The **LiveWell WorkWell** program is company-sponsored and available at no cost to you or your family. Assistance is available 24 hours a day, seven days a week. Simply call the toll-free number or visit the Web site to be connected to the appropriate services and care.

Toll-free: 1-866-301-0313

TDD: 1-800-697-0353

Telephone services are available in multiple languages.

Online: [www.guidanceresources.com](http://www.guidanceresources.com)

Use company ID *JD206* for first-time registration.

*LiveWell WorkWell is available to U.S. employees with salaried health care benefits and their family.*



## Helping You Respond to Everyday Challenges

No matter what's going on in your life, **LiveWell WorkWell** is available 24 hours a day, seven days a week to provide free, confidential support for a wide range of issues including:

### Confidential Counseling on Personal Issues

Confidential counseling is available to help you address life events and other personal issues you or your family might face. Masters and doctoral level clinicians are available to help with personal issues including:

- Relationships
- Marital problems
- Substance abuse
- Empty-nesting
- Job pressures
- Family conflicts
- Grief and loss
- Stress, anxiety or depression

If necessary, a Guidance Consultant may refer you to a local clinician or to resources in your community.

### Work-Life Referrals and Resources

Whether you're a new parent, a caregiver for an elder, or preparing to buy a car, you're bound to have questions or need resource referrals. Work-life specialists are available to provide you with information based on your specified criteria and help you sort through work-life issues including:

- Planning for college
- Home repair
- Finding pet care
- Purchasing a car
- Finding child or elder care
- Entertaining

### Legal Information and Resources

When a legal issue arises, licensed attorneys are available to provide you with information and support for issues such as:

- Divorce and family law
- Debt obligations
- Landlord and tenant issues
- Estate planning
- Bankruptcy
- Criminal actions
- Civil lawsuits
- Contracts

If you require representation, you can also be referred to a qualified attorney in your area for a free 30-minute consultation and receive a 25 percent reduction in customary legal fees for services you may use.

### Financial Information, Resources and Tools

Financial professionals are available to discuss your concerns and provide the tools and information you need to address your finances. Certified Public Accountants (CPAs), Certified Financial Planners (CFPs) and other financial experts can help with financial issues including:

- Getting out of debt
- Money management
- Tax questions
- Saving for college
- Credit card or load problems
- Estate planning



### **About ComPsych, the GuidanceResources Company®**

Founded in 1984, ComPsych® is the world's largest provider of employee assistance programs and is the leading provider of fully integrated EAP, behavioral health, wellness, work-life, crisis intervention services and outsourced HR solutions under the GuidanceResources® brand. ComPsych provides services to more than 29 million individuals and 11,000 organizations throughout the U.S. and 92 countries.

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