



HQ means a healthier,
wealthier you

Get a \$300 cash award just for finding out!

In about 20 minutes, you could learn more about your personal health and how to reduce or manage your risks by completing the WebMD HealthQuotient® health risk assessment. Not only is the HealthQuotient completely confidential, it's also available to you at no cost as part of your John Deere health and wellness program.

As an added incentive, eligible employees* who complete the HealthQuotient during the month of February 2012 will receive a \$300 cash award.

Click on the image above to take the HQ. It's also helpful, but not required, to have your recent biometric information (blood pressure, percentage of body fat, blood sugar and cholesterol) to include in the assessment. You can also find more information on the confidentiality of taking the HQ by clicking the image.

*To be eligible for the \$300 cash award, you must be a U.S. employee, retiree or surviving spouse eligible for a Healthy Directions health care plan for 2012. Augusta wage employees are required to be enrolled in a Healthy Directions health care plan to be eligible for the \$300 incentive. Spouses of retirees are eligible for the award if they are eligible for a Healthy Directions health care plan for 2012 and the retiree is eligible for Medicare. Only one cash award per calendar year will be paid per household unless both individuals are employed by or retired from John Deere and individually eligible for a Healthy Directions health care plan. The cash award will be paid out during the first pay period in April 2012.



JOHN DEERE